

## TO BE RESCINDED

173-39-02.10      **Nutritional consultation service.**

- (A) Nutritional consultation, also known as medical nutrition therapy, is a service designed to provide individualized guidance on appropriate food and nutrient intakes for consumers with special needs. Nutritional consultation takes into consideration the consumer's desires, health, cultural and socioeconomic background, and any functional and psychological factors, including home and caregiver resources. Unless authorized by the consumer/caregiver and the case manager, the provider must deliver this service in the consumer's residence.
- (B) A unit of nutritional consultation services is fifteen minutes of face-to-face services for the consumer and/or caregiver.
- (C) Unless authorized by the consumer/caregiver and the case manager, the provider must deliver this service in the consumer's residence.
- (D) Eligible providers of nutritional consultation services are long-term care agency and non-agency providers.
- (E) The provider must provide services pursuant to a plan of care or a plan of treatment for nutrition consultation long-term care services that are signed and dated by the physician. The plan of care must be recertified by the physician every sixty days, or more frequently if there is a significant change in the consumer's condition.
- (F) Certified providers of nutritional consultation services must ensure all of the following requirements are met:
- (1) Prior to the delivery of services, the provider must obtain documentation that a case manager has authorized the provision of nutritional consultation services to the consumer.
  - (2) The provider must document and maintain a record of each episode of service including the date and duration of the service, the name and signature of the dietitian, the name and signature of the consumer or informal caregiver, and a description of the service provided.
  - (3) The provider must furnish evidence that staff who deliver services are registered by the commission on dietetic registration and licensed by the state board of dietetics.
  - (4) The provider must conduct an initial individualized assessment of the

consumer's nutritional needs and subsequent assessments when necessary, using a nutrition screening tool that identifies whether the consumer is at nutritional risk. The assessments must include:

- (a) Demographic data;
  - (b) An assessment of height and weight;
  - (c) An assessment of nutrition intake and history;
  - (d) A review of medications, diagnoses, and any diagnostic test results;
  - (e) An assessment of verbal and motor skills that could be attributable to nutrient needs;
  - (f) Clinical and behavioral goals and care plan;
  - (g) Interventions planned;
  - (h) Adherence potential; and,
  - (i) Scheduling of follow-up appointments.
- (5) The provider must develop, implement, evaluate and revise a nutrition intervention plan based on consumer status and response. The plan must include the nutrients required, feeding modality and method of nutrition education and counseling with expected, measurable outcomes.
- (6) The provider must furnish the case manager and consumer with a copy of the report of assessment outcome and nutrition intervention plan within seven business days following the nutritional assessment.
- (7) The nutrition intervention planning process must include the consumer, the consumer's caregiver, case manager, physician and, when applicable, any relevant service providers.
- (8) The provider must furnish documentation of the plan implementation and outcomes to the case manager.
- (9) The provider must plan and document termination of nutrition consultation

services and provide follow up plans for the consumer as appropriate.

Effective:

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Certification

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Date

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