

5122-2-19

Integrated Behavioral Healthcare System (IBHS) Behavior Therapy Rule.

The purpose of this rule shall be to facilitate the development of appropriate behavior therapy interventions in the "Intensive and Specialized Services (ISS) and Forensic Inpatient Services" of the Ohio department of mental health (ODMH) and to protect the rights of patients involved in behavior therapy.

ODMH is committed to ensuring that patients who are recovering from severe mental illnesses have meaningful choices and options. These include behavioral and cognitive behavioral interventions that have demonstrated efficacy. It is the goal of the IBHS and each behavioral healthcare organization (BHO) to ensure that these intervention options are available to the patients they serve.

The "Department Behavior Therapy Committee (DBTC)" and behavior therapy committees at each BHO support the development and implementation of these interventions. These committees are also responsible for overseeing behavioral and cognitive behavioral interventions to prevent practices that are harmful or abusive to patients and to protect the rights of patients in these areas of practice.

(A) Department Behavior Therapy Committee

The "Department Behavior Therapy Committee (DBTC)" is responsible for promoting beneficial behavioral and cognitive behavioral interventions and preventing harmful or abusive practices. The committee reports to the medical director of the ODMH.

- (1) The membership of the committee consists primarily of mental health professionals. The medical director of the ODMH shall appoint all members. There will be at least one member from each BHO. This member shall also be a member of his/her respective BHO behavior therapy committee. One member of the committee will be from the Ohio legal rights service. Mental health professionals with expertise in the areas of behavioral and cognitive therapy may also be appointed to the committee. The medical director will appoint members to a three year term. The medical director is an ex-officio member of the committee.
- (2) The DBTC will determine its meeting schedule, but will meet at least once each quarter. The medical director will designate a DBTC manager who will be responsible for coordinating the work of the committee with the medical director, e.g., notifying members of meetings, recording minutes of meetings, posting approved minutes on the ODMH intranet, and coordinating within the ODMH.
- (3) The medical director shall appoint a chairperson for the committee. The chairperson shall serve a three year term. The chairperson is responsible for conducting meetings and working with the DBTC manager to ensure the

effective functioning of the committee and that decisions of the committee are implemented.

(B) BHO Behavior Therapy Committee

- (1) Each BHO will have a behavior therapy committee also known as the BHOBTC. Each BHOBTC will be responsible for promoting behavioral interventions at the BHO that will assist patients in their recovery. The BHOBTC will develop procedures for reviewing and approving all behavior plans. All behavior plans will be reviewed by the BHOBTC. Regulated interventions will not be implemented unless approved. The BHOBTC will monitor, at least monthly, the implementation of any behavior plan involving regulated interventions and will require revision or discontinuation if the plan is not effective.
- (2) The BHO Chief Executive Officer shall appoint members of the BHOBTC. One or more members of the BHOBTC will be recommended to the ODMH Medical Director to serve on the DBTC. Mental health professionals from outside the BHO may be appointed to the BHOBTC, but may not make up a majority of members.
- (3) The BHOBTC shall meet at least once each quarter. Minutes shall be kept of all meetings and shall be sent to the DBTC manager.

(C) Behavior Therapy Manual

- (1) The DBTC shall maintain a behavior therapy manual that contains definitions of recommended, regulated, and prohibited behavior therapy interventions and forms for behavior therapy plans. The DBTC is responsible for maintaining the list of recommended, regulated, and prohibited interventions. Interventions may not be added to, deleted from, or changed on the list by the DBTC unless approved by the medical director. The DBTC shall submit proposed changes to the medical director.
- (2) The behavior therapy manual shall be reviewed and updated at least annually by the DBTC.

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CERTIFIED ELECTRONICALLY

Certification

05/21/2003

Date

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