

5122-29-03

Behavioral health counseling and therapy service.

- (A) Behavioral health counseling and therapy service means interaction with a person served in which the focus is on treatment of the person's mental illness or emotional disturbance. When the person served is a child or adolescent, the interaction may also be with family members and/or parent, guardian and significant others when the intended outcome is improved functioning of the child or adolescent and when such interventions are part of the ISP.
- (B) Behavioral health counseling and therapy service shall consist of a series of time-limited, structured sessions that work toward the attainment of mutually defined goals as identified in the individualized service plan.
- (C) Behavioral health counseling and therapy service shall be provided by staff qualified according to paragraph (G) of this rule.
- (D) Behavioral health counseling and therapy service may be provided in the agency or in the natural environment of the person served, and regardless of the location shall be provided in such a way as to ensure privacy.
- (E) For behavioral health counseling and therapy services for children and adolescents, the agency shall ensure timely collateral contacts with family members, parents or guardian and/or with other agencies or providers providing services to the child.
- (F) The following identifies those individuals who are eligible to provide and supervise the behavioral health counseling and therapy service. Licensed, certified or registered individuals shall comply with current, applicable scope of practice and supervisory requirements identified by appropriate licensing, certifying or registering bodies:
- (1) To provide the service:
- (a) Medical doctor or doctor of osteopathic medicine;
 - (b) Registered nurse;
 - (c) Master of science in nursing;
 - (d) Clinical nurse specialist;
 - (e) Nurse practitioner;

- (f) Social worker;
- (g) Independent social worker;
- (h) Counselor trainee;
- (i) Professional counselor;
- (j) Professional clinical counselor;
- (k) Psychology intern/fellow;
- (l) Psychology assistant/assistant; or
- (m) Psychologist.

(2) To supervise the service:

- (a) Medical doctor or doctor of osteopathic medicine;
- (b) Master of science in nursing;
- (c) Clinical nurse specialist;
- (d) Nurse practitioner;
- (e) Independent social worker;
- (f) Professional clinical counselor; or
- (g) Psychologist.

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Certification

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