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Crisis intervention mental health service.

- (A) Crisis intervention is that process of responding to emergent situations and may include: assessment, immediate stabilization, and the determination of level of care in the least restrictive environment in a manner that is timely, responsive, and therapeutic.

Crisis intervention mental health services need to be accessible, responsive and timely in order to be able to safely de-escalate an individual or situation, provide hospital pre-screening and mental status evaluation, determine appropriate treatment services, and coordinate the follow through of those services and referral linkages.

Outcomes may include: de-escalating and/or stabilizing the individual and/or environment, linking the individual to the appropriate level of care and services including peer support, assuring safety, developing a crisis plan, providing information as appropriate to family/significant others, and resolving the emergent situation.

- (B) Crisis intervention mental health service shall consist of the following required elements:
- (1) Immediate phone contact capability with individuals, parents, and significant others and timely face-to-face intervention shall be accessible twenty-four hours a day/seven days a week with availability of mobile services and/or a central location site with transportation options. Consultation with a psychiatrist shall also be available twenty-four hours a day/seven days a week;
 - (2) Provision for de-escalation, stabilization and/or resolution of the crisis;
 - (3) Prior training of personnel providing crisis intervention mental health services that shall include but not be limited to: risk assessments, de-escalation techniques/suicide prevention, mental status evaluation, available community resources, and procedures for voluntary/involuntary hospitalization. Providers of crisis intervention mental health services shall also have current training and/or certification in first aid and cardio-pulmonary resuscitation (CPR) unless other similarly trained individuals are always present; and
 - (4) Policies and procedures that address coordination with and use of other community and emergency systems.
- (C) Crisis intervention mental health service shall consist of the following elements when clinically indicated:

- (1) A face-to-face crisis assessment shall be conducted by an eligible clinician and shall include:
 - (a) Understanding the presenting crisis;
 - (b) Risk assessment of lethality, propensity of violence, medical/physical conditions including alcohol/drug screen/assessment, and support systems;
 - (c) Mental status;
 - (d) Consumer strengths; and
 - (e) Identification of treatment needs and level of care determination; and
 - (2) A crisis plan will be established that includes referral and linkages to appropriate services and coordination with other systems. The crisis plan should also address safety issues, follow-up instructions, alternative actions/steps to implement should the crisis recur, voluntary/involuntary procedures and the wishes/preferences of the individual and parent/guardian, as appropriate.
- (D) Documentation shall include the elements of the overall assessment of the crisis and intervention.
- (E) The following identifies those individuals who are eligible to provide and supervise the crisis intervention mental health service. Licensed, certified or registered individuals shall comply with current, applicable scope of practice and supervisory requirements identified by appropriate licensing, certifying or registering bodies:
- (1) To provide the service (except for paragraph (C)(1) of this rule):
 - (a) Medical doctor or doctor of osteopathic medicine;
 - (b) Physician assistant;
 - (c) Licensed practical nurse;
 - (d) Registered nurse;

- (e) Master of science in nursing;
- (f) Clinical nurse specialist;
- (g) Nurse practitioner;
- (h) Licensed occupational therapist;
- (i) Social worker assistant;
- (j) Social worker;
- (k) Independent social worker;
- (l) Counselor trainee;
- (m) Professional counselor;
- (n) Professional clinical counselor;
- (o) Marriage and family therapist;
- (p) Independent marriage and family therapist;
- ~~(q)~~(q) Licensed school psychology assistant;
- ~~(r)~~(r) Licensed school psychologist;
- ~~(s)~~(s) Psychology intern/fellow;
- ~~(t)~~(t) Psychology assistant/assistant
- ~~(u)~~(u) Psychologist;
- ~~(v)~~(v) Activity therapist;
- ~~(w)~~(w) Art therapist;

~~(v)~~(x) Certified therapeutic recreation specialist;

~~(w)~~(y) Music therapist/board certified; or

~~(x)~~(z) Trained other.

(2) To supervise the service (except for paragraph (C)(1) of this rule):

(a) Medical doctor or doctor of osteopathic medicine;

(b) Master of science in nursing;

(c) Clinical nurse specialist;

(d) Nurse practitioner;

(e) Independent social worker;

(f) Professional clinical counselor; ~~or~~

(g) Independent marriage and family therapist; or

~~(g)~~(h) Psychologist.

(3) To provide the service [including paragraph (C)(1) of this rule]:

(a) Medical doctor or doctor of osteopathic medicine;

(b) Registered nurse;

~~(b)~~(c) Master of science in nursing;

~~(e)~~(d) Clinical nurse specialist;

~~(d)~~(e) Nurse practitioner;

~~(e)~~(f) Social worker;

~~(f)~~(g) Independent social worker;

~~(g)~~(h) Counselor trainee;

~~(h)~~(i) Professional counselor;

~~(i)~~(j) Professional clinical counselor;

(k) Marriage and family therapist;

(l) Independent marriage and family therapist;

~~(j)~~(m) Psychology intern/fellow

~~(k)~~(n) Psychology assistant/assistant; or

~~(l)~~(o) Psychologist.

(4) To supervise the service [including paragraph (C)(1) of this rule]:

(a) Medical doctor or doctor of osteopathic medicine;

(b) Master of science in nursing;

(c) Clinical nurse specialist;

(d) Nurse practitioner;

(e) Independent social worker;

(f) Professional clinical counselor; ~~or~~

(g) Independent marriage and family therapist; or

~~(g)~~(h) Psychologist.

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Certification

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