

5122-29-15

Peer recovery services.

- (A) Peer recovery services are community-based services for individuals with a mental illness or substance use disorder; and consist of activities that promote recovery, self-determination, self-advocacy, well-being, and independence. Peer recovery services are individualized, recovery-focused, and based on a relationship that supports a person's ability to promote their own recovery.
- (B) Peer recovery services promote self-directed recovery by assisting an individual. They promote trauma informed care and diversity competence, encourage self-direction, and advocate for informed choice.
- (C) "Recovery" means the personal process of change in which Ohio residents strive to improve their health and wellness, resiliency, and reach their full potential through self-directed actions.
- (D) Peer recovery services may include, but are not limited to:
- (1) Ongoing exploration of recovery needs;
 - (2) Supporting individuals in achieving personal independence as identified by the individual;
 - (3) Encouraging hope;
 - (4) Supporting the development of life skills such as budgeting and connecting to community resources;
 - (5) Developing and working toward achievement of personal recovery goals;
 - (6) Modeling personal responsibility for recovery;
 - (7) Teaching skills to effectively navigate to the health care delivery system to effectively and efficiently utilize services;
 - (8) Providing group facilitation that addresses symptoms or behaviors, though processes that assist an individual in eliminating barriers to seeking or maintaining recovery, employment, education, or housing;
 - (9) Assisting with accessing and developing natural support systems in the community;
 - (10) Promoting coordination and linkage among similar providers;
 - (11) Coordinating or assistance in crisis interventions and stabilization as needed;
 - (12) Conducting outreach;

- (13) Attending and participating in treatment team; or,
- (14) Assisting individuals in the development of empowerment skills through self-advocacy and activities that mitigate discrimination and inspire hope.
- (E) Peer recovery services are not site specific but shall be provided in locations that meet the needs of the individual.
- (F) Peer recovery services may be facilitated to individuals or groups.
- (G) Peer recovery services shall be provided by certified peer recovery supporters as defined in rule 5122-29-15.1 of the Administrative Code; and supervised by staff who either:

 - (1) Have been delivering peer services for five years, have completed the sixteen hour on-line e-based academy courses offered through the Ohio department of mental health and addiction services, and have completed the 4 hour in-person supervising peers training by Ohio department of mental health and addiction services recovery support staff; or,
 - (2) Clinicians that have that have completed the sixteen hour on-line e-based academy courses offered through the Ohio department of mental health and addiction services, and have completed the four hour in-person supervising peers training administered by the Ohio department of mental health and addiction services recovery support staff or their designee.

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Certification

Date

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