

5122-29-18

**Therapeutic behavioral services and psychosocial rehabilitation.**

(A) Therapeutic behavioral services (TBS) and psychosocial rehabilitation (PSR) services are an array of activities intended to provide individualized supports or care coordination of healthcare, behavioral healthcare, and non-healthcare services. TBS and PSR may involve collateral contacts and may be delivered in all settings that meet the needs of the individual.

(B) Service activities.

(1) TBS service activities include, but are not limited to the following:

- (a) Consultation with a licensed practitioner or an eligible provider pursuant to paragraph (C) of this rule, to assist with the individual's needs and service planning for individualized supports or care coordination of healthcare, behavioral healthcare, and non-healthcare services and development of a treatment plan;
- (b) Referral and linkage to other healthcare, behavioral healthcare, and non-healthcare services to avoid more restrictive levels of treatment;
- (c) Interventions using evidence-based techniques;
- (d) Identification of strategies or treatment options;
- (e) Restoration of social skills and daily functioning; and,
- (f) Crisis prevention and amelioration.

(2) PSR service activities include, but are not limited to the following

- (a) Restoration, rehabilitation and support of daily functioning to improve self-management of the negative effects of psychiatric or emotional symptoms that interfere with a person's daily functioning;
- (b) Restoration and implementation of daily functioning and daily routines critical to remaining successfully in home, school, work, and community; and,
- (c) Rehabilitation and support to restore skills to function in a natural community environment.

(C) Eligible providers.

(1) Eligible providers of TBS are those practitioners who have :

- (a) A bachelor's or master's degree in social work, psychology, nursing, or in

related human services, or

(b) A high school diploma with a minimum of 3 years of relevant experience.

(2) Eligible providers for PSR services are those practitioners who have a high school diploma and specific training related to persons with mental health conditions or needs.

Effective:

Five Year Review (FYR) Dates:

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Certification

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Date

Promulgated Under:	119.03
Statutory Authority:	5119.36
Rule Amplifies:	5119.36