5160-10-15 DMEPOS: transcutaneous electrical nerve stimulation (TENS) units.

(A) Definitions.

- (1) "Accessories" is a collective term that encompasses but is not necessarily limited to the following items:
 - (a) Adapters;
 - (b) Clips;
 - (c) Additional connecting cable for lead wires;
 - (d) Carrying pouches; and
 - (e) Covers.
- (2) "Supplies" is a collective term that encompasses but is not necessarily limited to the following items:
 - (a) Electrodes of any type;
 - (b) Lead wires;
 - (c) Conductive paste or gel;
 - (d) Adhesive;
 - (e) Adhesive remover;
 - (f) Skin preparation materials;
 - (g) Batteries; and
 - (h) Battery charger for rechargeable batteries.
- (B) Provider requirement. A provider of transcutaneous electrical nerve stimulation (TENS) units must have a physical location available for face-to-face fitting and instruction purposes.
- (C) Coverage.
 - (1) Payment may be made for a TENS unit on a rental/purchase basis.

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(2) The default certificate of medical necessity (CMN) form is the ODM 03402, "Certificate of Medical Necessity: Transcutaneous Electrical Nerve Stimulation (TENS) Units" (rev. 7/2018). The CMN must include one of the following statements of need:

- (a) For neurogenic pain, the following information:
 - (i) An attestation that the individual is experiencing intractable, nerverelated pain that has lasted at least six months;
 - (ii) An appropriate supporting diagnosis; and
 - (iii) An attestation that the use of a comparable TENS unit for a trial period of at least thirty days produced substantial relief from pain and, if applicable, enabled a significant reduction in medication (e.g., muscle relaxants, narcotics, analgesics); or
- (b) For post-operative pain, the following information:
 - (i) An attestation that treatment lasting no longer than thirty days is needed for acute pain following surgery; and
 - (ii) The date of surgery.
- (3) Payment may be made for the purchase of a TENS unit if the prescriber attests to the medical necessity of continued treatment.
- (4) After a TENS unit has been purchased for an individual, regardless of payment source, separate payment may be made for necessary supplies, which must be dispensed only when they are needed, at a frequency not to exceed once per month. The payment made for supplies is an all-inclusive lump sum and does not depend on the number or nature of items in a particular shipment. No separate payment is allowed for individual supply items.
- (5) After a TENS unit has been purchased, no separate payment is allowed for accessories.
- (D) Requirements, constraints, and limitations.
 - (1) A diagnosis of "chronic intractable pain" is not in itself sufficient to warrant coverage.
 - (2) Rental of a TENS unit to treat intractable, nerve-related pain is limited to four months.

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(3) Rental of a TENS unit to treat post-operative pain is limited to a single thirty-day period and may not be extended.

- (4) The warranty period for a purchased TENS unit is two years from the date of delivery.
- (5) Payment may be made for the rental or purchase of a used TENS unit only if the particular unit was previously used by the individual for whom it is currently prescribed.
- (6) Payment for a TENS unit does not indicate or imply coverage of a conductive TENS garment.
- (7) Payment is limited to the maximum amount for a two-lead unit unless the provider obtains and maintains documentation in the individual's file establishing the medical necessity of a four-lead unit.
- (8) The medical necessity of a TENS unit not purchased by the department must be established before payment is made for supplies or repair.
- (E) Claim payment. The lump-sum payment for TENS supplies is twenty-five dollars.

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Replaces: 5160-10-15

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Five Year Review (FYR) Dates: 07/16/2023

CERTIFIED ELECTRONICALLY

Certification

07/02/2018

Date

Promulgated Under: 119.03 Statutory Authority: 5164.02 Rule Amplifies: 5164.02

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