

173-4-04**Older Americans Act nutrition program: person direction.**

- (A) Each AAA shall determine the level of person direction needed in its PSA and the level of person direction each PSA has the capacity to offer, or shall rely upon the competitive-proposal method of procurement to determine the capability.
- (B) When procuring for nutrition projects, AAAs shall evaluate the bids by giving the highest scores to bidders who offer the highest levels of person direction. AAAs using competitive-proposal procurement methods, shall give the highest scores to bidders whose competitive proposals pledge to offer the highest levels of person direction.
- (C) As used in this rule, "person direction" means a subset of person-centered methodology. While person-centered methodology requires providers to work with consumers to determine what is best for the consumers, person direction allows consumers to decide what is best for them from a range of viable options. Person direction over congregate and home-delivered meals allows consumers to control the direction of their meals. For congregate meals, person direction may involve giving consumers flexible dining formats, locations, and times; allowing consumers to enjoy multi-generational dining; and giving consumers options between complete meals at each mealtime. For home-delivered meals, person direction may involve giving consumers flexible delivery formats (e.g., warm, frozen, chilled), delivery times (e.g., morning, afternoon), and delivery frequency (e.g., per-meal delivery, periodic delivery); and giving consumers options between complete meals at each mealtime. As used in this paragraph, "options between complete meals at each mealtime" means options between one entrée and the sides that accompany it and one or more other entrées and the sides that accompany it. "Options between complete meals at each mealtime" does not mean options between sides for the same entrée.

Replaces: 173-4-05, 173-4-05.3.

Effective:

Five Year Review (FYR) Dates:

---

Certification

---

Date

Promulgated Under: 119.03  
Statutory Authority: 173.01, 173.02, 173.392; Section 305(a)(1)(C) of the Older Americans Act of 1965, 70 Stat. 210, 42 U.S.C. 3001, as amended by the Older Americans Act Reauthorization Act of 2016; 45 C.F.R. 1321.11 (October, 2015 edition).  
Rule Amplifies: 173.392; Sections 331 and 336 of the Older Americans Act of 1965, 79 Stat. 210, 42 U.S.C. 3001, as amended by the Older Americans Act Reauthorization Act of 2016.  
Prior Effective Dates: 03/23/2009, 08/23/2012.