

173-4-08

**Nutrition health screening.****(A) Definitions:**

- (1) "Determine Your Own Nutritional Health" checklist means form ODA0010 (<http://www.aging.ohio.gov/information/rules/forms.aspx>), which is a health screening instrument issued by ODA that indicates a person's level of nutritional risk.
- (2) "Nutrition health screening" means using the "Determine Your Own Nutritional Health" checklist to screen consumers for nutritional risks.
- (3) "High nutritional risk" means the status of a consumer whose score on the "Determine Your Own Nutritional Health" checklist is six or above.

**(B) Minimum requirements for a nutrition health screening:****(1) Frequency:**

- (a) For each consumer enrolled in a congregate nutrition program or restaurant and grocery meal service, the provider shall screen no later than two months after the consumer's enrollment into the program and at least annually thereafter.
- (b) For each consumer enrolled in a home-delivered nutrition program, the provider shall screen no later than two months after the first meal is delivered to the consumer's home and at least annually thereafter.

**(2) Referrals:**

- (a) The provider shall establish a referral system that allows for potential interventions for consumers with a high nutritional risk, unless the AAA has already established a referral system.
- (b) The provider shall use the referral system to refer any consumer who is determined to have a high nutritional risk.
- (c) On a monthly basis, the provider shall document the number of consumers who were referred to community-based services through screening.

Effective: 03/05/2009

R.C. 119.032 review dates: 07/31/2013

CERTIFIED ELECTRONICALLY

---

Certification

02/23/2009

---

Date

Promulgated Under: 119.03  
Statutory Authority: 173.02; 173.392; Section 305 (a)(1)(C) of the Older Americans Act of 1965, 79 Stat. 210, 42 U.S.C. 3001, as amended in 2006; 45 C.F.R. 1321.11  
Rule Amplifies: 173.392; Sections 336 and 339 of the Older Americans Act of 1965, 79 Stat. 210, 42 U.S.C. 3001, as amended in 2006