

173-4-08

**Nutrition health screening.****(A) Definitions for this rule:**

- (1) "Determine Your Own Nutritional Health" checklist means form ODA0010 (<http://www.aging.ohio.gov/information/rules/forms.aspx>), which is a health screening instrument issued by ODA that indicates a person's level of nutritional risk.
- (2) "Nutrition health screening" means using the "Determine Your Own Nutritional Health" checklist to screen consumers for nutritional risks.
- (3) "High nutritional risk" means the status of a consumer whose score on the "Determine Your Own Nutritional Health" checklist is six or above.

**(B) Minimum requirements for a nutrition health screening in addition to the mandatory clauses under rule 173-3-06 of the Administrative Code:****(1) Frequency:**

- (a) For each consumer enrolled in a congregate nutrition program or restaurant and grocery meal service, the provider shall screen no later than two months after the consumer's enrollment into the program and at least annually thereafter.
- (b) For each consumer enrolled in a home-delivered nutrition program, the provider shall screen no later than two months after the first meal is delivered to the consumer's home and at least annually thereafter.

**(2) Referrals for high nutritional risk:**

- (a) The provider shall establish a referral system that allows for potential interventions for consumers with a high nutritional risk, unless the AAA has already established a referral system.
- (b) The provider shall use the referral system to refer any consumer who is determined to have a high nutritional risk.
- ~~(c) On a monthly basis, the provider shall document the number of consumers who were referred to community-based services through screening.~~

**(3) Information on excessive alcohol consumption:**

- (a) The provider or the AAA shall provide information for consumers about excessive alcohol consumption that correspond with the recommendations of the "Dietary Guidelines for Americans."
  - (b) The provider shall provide information about agencies or organizations that address excessive alcohol consumption any consumer who answers "yes" to the alcohol consumption question on the "Determine Your Own Nutritional Health" checklist.
- (4) Records: The provider shall record the number of consumers that it refers to community-based services through screening.

Effective:

R.C. 119.032 review dates: 11/30/2011

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Certification

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Date

Promulgated Under:

119.03

Statutory Authority:

173.01; 173.02; 173.392; Section 305 (a)(1)(C) of the Older Americans Act of 1965, 79 Stat. 210, 42 U.S.C. 3001, as amended in 2006; 45 C.F.R. 1321.11

Rule Amplifies:

173.392; Sections 336 and 339 of the Older Americans Act of 1965, 79 Stat. 210, 42 U.S.C. 3001, as amended in 2006

Prior Effective Dates:

03/05/2009