

4757-13-01

**Education requirements for admission to the examination for professional counselor.**

The requirements for licensure as a professional Counselor are generally set forth in sections 4757.22 and 4757.23 of the Revised Code.

(A) Pertaining to the educational requirements, a "graduate degree in counseling" means a degree that meets all of the following criteria:

- (1) The degree and/or the official transcript of course work shall clearly indicate that the degree awarded is a degree in counseling. Graduate degrees in other human service areas such as psychology, social work and marriage and family therapy are not considered degrees in counseling.
- (2) The program shall be clearly identified as a counseling program. Such a program shall specify in pertinent institutional catalogues and brochures its intent to educate and train professional counselors.
- (3) The counseling program shall stand as a recognizable organizational entity within the institution and have a counseling faculty who identify with the counseling profession, and who shall have relevant licensure and/or preparation and/or experience in their assigned areas of teaching.
- (4) The counseling program shall be an organized sequence of study that includes at least one graduate course in each of the following eleven areas of counselor training.
  - (a) Counseling theory: Includes a study of basic theories, principles of counseling and philosophical bases of the helping relationship;
  - (b) Counseling techniques: Includes individual counseling practices, methods, facilitative skills, and the application of these skills;
  - (c) Practicum: includes a supervised training experience, acceptable to the board, consisting of the provision of counseling to bona fide clients, and/or groups seeking services from counselors.
    - (i) A practicum consists no less than one hundred hours of which forty hours are direct service or conforms to current "Council for Accreditation of Counseling and Related Educational Programs" "CACREP" or the "Council on Rehabilitation Education" "CORE" standards for the required number of practicum hours, if those standards exceed one hundred hours.
    - (ii) Prior to the beginning of the acceptable practicum, the student shall have completed a course in counseling theory and a course in counseling techniques.

- (iii) The practicum, in all cases, shall be under the direction of a qualified graduate faculty member who shall be a professional clinical counselor or professional counselor with supervision designation.
- (iv) All practicum students should register as a counselor trainee per paragraph (F) of rule 4757-17-01 of the Administrative Code.
- (v) All practicum students shall average one and one half hours per week of group supervision by a program faculty member or a student supervisor under the direction of a program faculty member that is provided on a regular schedule over the course of the student's practicum.
- (vi) When the practicum experience occurs on-campus all practicum students in addition to the group supervision specified in paragraph (A)(4)(c)(v) of this rule shall have weekly interaction with a program faculty member or a student supervisor under the direction of a program faculty member for an average of one hour per week of individual supervision, which may include up to two other students. All counseling trainees shall be under the supervision of a professional clinical counselor with supervision designation when the counselor trainee is diagnosing and treating mental and emotional disorders.
- (vii) When the practicum experience occurs off-campus a site supervisor for practicum shall be a professional counselor with supervision designation or professional clinical counselor with supervision designation. All counseling trainees shall be under the supervision of a professional clinical counselor with supervision designation when the counselor trainee is diagnosing and treating mental and emotional disorders.
- (viii) The supervisor's critique of the trainee's work shall take place through face-to-face contact. Face-to face contact may include real time video conferencing as defined in paragraph (A)(12) of rule 4757-9-06 of the Administrative Code.
- (ix) The training supervisee's work may be reviewed and critiqued either through live supervision or audio or video tape.
- (x) Those students or counselor trainees who are intending to use the practicum experience to meet the educational requirements of the board shall report their practicum experiences within thirty days of the successful completion of the practicum. The report shall be signed by a supervisor who has first-hand knowledge of

applicant's performance.

(xi) Students, who have not completed their master's degree requirements prior to September 30, 1997, and have been enrolled in a practicum of less than one hundred hours prior to September 30, 1997, can use that course to fulfill the practicum requirement.

(d) Internship: Includes an on-the-job experience in professional counseling acceptable to the board, under the supervision of a site supervisors who shall be a professional clinical counselor with supervision designation. Requests for exceptions to this rule shall be made in writing to the committee jointly by the counseling program and the individual seeking an exception.

(i) The supervised internship shall be no less than six hundred hours of which two hundred forty hours shall be in direct services, which include the diagnosis and treatment of mental and emotional disorders and conditions, or conforms to current "CACREP" or "CORE" internship requirements, if those standards are greater. The intern shall be supervised by a professional clinical counselor with supervision designation.

(ii) All internship students should register as counselor trainees at the beginning of their internship experience per paragraph (F) of rule 4757-17-01 of the Administrative Code.

(iii) The internship, in all cases, shall be under the direction of a qualified graduate faculty member who shall be a professional clinical counselor with supervision designation.

(iv) All internship students shall have weekly interaction with an average of one hour per week of individual supervision throughout the internship performed by a board approved site supervisor.

(v) All internship students shall have an average of one and one half hours per week of group supervision provided on a regular schedule throughout the internship performed by a program faculty member.

(vi) Those students or counselor trainees who are intending to use the internship experience to meet the educational requirements of the board shall document their internship experience on a form prescribed by the board. The form shall be completed by the supervisor or supervisors and shall document the student's competency in all areas designated on the form. The form shall be completed and submitted by the student within thirty days of the

successful completion of the internship.

(vii) Students who have not completed their master's degree requirements by September, 30, 1997, who have begun an internship of less than six hundred hours prior to September 30, 1997, may use that internship experience to fulfill the internship requirement. Any internship begun after September 30, 1997, shall comply with the requirements in paragraph (A)(1)(d) of this rule.

(e) Human growth and development: Includes studies that provide a broad understanding of the nature and needs of individuals at all developmental levels. Emphasis is placed on psychological, sociological, and physiological approaches, human behavior, (normal and abnormal), personality theory, and learning theory.

(f) Social and cultural foundations: Includes studies of change, ethnic groups, subcultures, changing roles of women, sexism, racism, ethnocentrism, urban and rural societies, population patterns, cultural mores, use of leisure time, and differing life patterns.

(g) Group dynamics, processing and counseling: includes the study of group dynamics, group processes, practices and methods of group counseling, supervised practice, supervised facilitative skills, and theory and types of groups.

(h) Life-style and career development: includes vocational-choice theory, relationship of career choice to life-style, sources of occupational and educational information, approaches to career decision-making processes, and career development exploration techniques.

(i) Appraisal of the individual through: testing includes the development of a framework for understanding the individual, methods of data-gathering and interpretation, case study approaches, individual and group psychological and educational testing and the study of individual differences with consideration of ethnic, cultural and gender factors.

(j) Research and evaluation: Includes statistics, research design, the development of research and demonstration proposals, as well as the development and evaluation of program objectives.

(k) Professional, legal, and ethical: includes the study of professional counseling organizations, codes of ethics, legal considerations, standards of preparation, certification and licensure including the Ohio licensure law, and the professional role identity of counselors.

(5) In addition, either as a part of the applicant's master or doctoral degree or after

the award of the degree, a minimum of thirty quarter hours, or twenty semester hours, of instruction acceptable to the board and represented by at least one graduate course in each of the following areas:

- (a) Clinical psychopathology, personality, and abnormal behavior: includes the study of abnormal behavior, personality disorders, and psychopathological conditions specific to developmental phases through out the life span, and their application to counseling practice.
- (b) Evaluation of mental and emotional status: includes the use of assessment procedures in diagnosis and treatment planning. Focuses on the administering and interpreting individual and group standardized tests of mental ability, and personality and measurement.
- (c) Diagnosis of mental and emotional disorders: includes the appropriate use of the current edition of the "Diagnostic and Statistical Manual for Mental Disorders", and an understanding of the "International Classification of Diseases". Focuses on conducting mental status examinations, and on the development and recognition of a framework for identifying symptomology, etiology and psychodynamics of mental and emotional disorders.
- (d) Methods of intervention and prevention of mental and emotional disorders: includes studies of the:
  - (i) Psychological and educational methods of intervention, such as client-centered, psychoanalytic, hypnotherapy, rational-emotive therapy, and reality therapy.
  - (ii) Culturally sensitive intervention techniques used with diverse populations such as minorities, children, substance abusers, gay and lesbian individuals and individuals who are physically or mentally challenged.
  - (iii) Intervention strategies used in different situations such as marriage and family problems, crisis situations, bereavement, sex therapy, rehabilitation, child abuse and multicultural counseling.
- (e) Treatment of mental and emotional disorders: includes developing and implementing a treatment plan, reporting and assessing progress of treatment, appropriate referral procedures, formulation of timelines for treatment and knowing the effect on client behavior and the interaction of psychotropic medications and mood altering chemicals in the treatment of mental and emotional disorders.

(B) Applicants who are denied admission to the examination will be afforded an opportunity for a hearing pursuant to Chapter 119. of the Revised Code.

(C) Program requirements for counseling programs are defined in rule 4757-13-07 of the Administrative Code. Applicants from approved programs shall be considered to have met the educational requirements of this rule.

Replaces: 4757-13-01

Effective:

R.C. 119.032 review dates:

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Certification

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Date

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