

Common Sense Initiative

Mike DeWine, Governor Jon Husted, Lt. Governor Sean McCullough, Director

### **Business Impact Analysis**

Agency, Board, or Commission Name: <u>Ohio Bureau of Workers'</u> Compensation
Rule Contact Name and Contact Information:
Aniko Nagy (614) 466-3293
Regulation/Package Title (a general description of the rules' substantive content):
Payment for spinal cord stimulator
Rule Number(s): <u>4123-6-35</u>
Date of Submission for CSI Review: <u>April 6, 2022</u>
Public Comment Period End Date <u>April 27, 2022:</u>
Rule Type/Number of Rules:
New/       1       rules       No Change/ rules (FYR?)
Amended/rules (FYR?)   Rescinded/rules (FYR?)

The Common Sense Initiative is established in R.C. 107.61 to eliminate excessive and duplicative rules and regulations that stand in the way of job creation. Under the Common Sense Initiative, agencies must balance the critical objectives of regulations that have an adverse impact on business with the costs of compliance by the regulated parties. Agencies should promote transparency, responsiveness, predictability, and flexibility while developing regulations that are fair and easy to follow. Agencies should prioritize compliance over punishment, and to that end, should utilize plain language in the development of regulations.

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#### **Reason for Submission**

1. R.C. 106.03 and 106.031 require agencies, when reviewing a rule, to determine whether the rule has an adverse impact on businesses as defined by R.C. 107.52. If the agency determines that it does, it must complete a business impact analysis and submit the rule for CSI review.

Which adverse impact(s) to businesses has the agency determined the rule(s) create?

The rule(s):

- a. Requires a license, permit, or any other prior authorization to engage in or operate a line of business.
- **b.**  $\Box$  Imposes a criminal penalty, a civil penalty, or another sanction, or creates a cause of action for failure to comply with its terms.
- d. 
  Is likely to directly reduce the revenue or increase the expenses of the lines of business to which it will apply or applies.

### **Regulatory Intent**

2. Please briefly describe the draft regulation in plain language. Please include the key provisions of the regulation as well as any proposed amendments.

This rule governs BWC's payment for a spinal cord stimulator implantation to treat a work related injury or occupational disease where one or more of the following conditions are allowed in the claim:

- Failed thoracic or lumbar spinal surgery
- Complex regional pain syndrome
- Non-operable peripheral vascular disease/limb ischemia
- Neuropathic pain post-thoracic or post-lumbar surgery
- Chronic thoracic or lumbar radiculopathy.
- Spinal cord injury dysesthesias

The injured worker must undergo at least sixty-days of conservative care as described in the rule in addition to being personally evaluated by the operating surgeon through a comprehensive evaluation, requiring documentation of key elements as described in the rule.

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Prior to approval and reimbursement of a permanent spinal cord stimulator implantation, the rule allows for reimbursement for a seven-day spinal cord stimulator trial when the injured worker and the physician of record, treating physician, or operating surgeon have reviewed and signed the educational document "What BWC Wants You to Know About Spinal Cord Stimulators", with reimbursement for permanent implantation dependent upon the trial providing documentation demonstrating the injured worker's improvement in various areas as described in the rule.

The rule also outlines specific diagnoses and conditions where reimbursement for a spinal cord stimulator is prohibited.

**3.** Please list the Ohio statute(s) that authorize the agency, board or commission to adopt the rule(s) and the statute(s) that amplify that authority.

Authorize: 4121.12, 4121.121, 4121.30, 4121.31, 4121.44, 4121.441, 4123.05, 4123.66

Amplify: 4121.12, 4121.121, 4121.44, 4121.441, 4123.66

4. Does the regulation implement a federal requirement? Is the proposed regulation being adopted or amended to enable the state to obtain or maintain approval to administer and enforce a federal law or to participate in a federal program? *If yes, please briefly explain the source and substance of the federal requirement.* 

No.

5. If the regulation includes provisions not specifically required by the federal government, please explain the rationale for exceeding the federal requirement.

Not applicable.

6. What is the public purpose for this regulation (i.e., why does the Agency feel that there needs to be any regulation in this area at all)?

This rule supports the Agency's responsibility under R.C. 4123.66, which provides that the BWC Administrator "shall disburse and pay from the state insurance fund the amounts for medical, nurse, and hospital services and medicine as the administrator deems proper," and that the Administrator "may adopt rules, with the advice and consent of the BWC board of directors, with respect to furnishing medical, nurse, and hospital services and medicine to injured or disabled employees entitled thereto, and for the payment therefor."

7. How will the Agency measure the success of this regulation in terms of outputs and/or outcomes? BWC will measure trends in requests and utilization of spinal cord stimulator implants, costs associated with the implants, as well as feedback from injured workers and stakeholders involved with services related to spinal cord stimulators.

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8. Are any of the proposed rules contained in this rule package being submitted pursuant to R.C. 101.352, 101.353, 106.032, 121.93, or 121.931?
If yes, please specify the rule number(s), the specific R.C. section requiring this submission, and a detailed explanation.
No.

#### **Development of the Regulation**

9. Please list the stakeholders included by the Agency in the development or initial review of the draft regulation.

## If applicable, please include the date and medium by which the stakeholders were initially contacted.

BWC's proposed *Payment for Spinal Cord Stimulator* rule OAC 4123-6-35 was e-mailed to the following lists of stakeholders on December 16, 2021 with comments due back by December 31, 2021:

- BWC's Managed Care Organizations
- BWC's internal medical provider stakeholder list 68 persons representing 56 medical provider associations/groups
- BWC's Healthcare Quality Assurance Advisory Committee
- Ohio Association for Justice
- Employer Organizations
  - Council of Smaller Enterprises (COSE)
  - Ohio Manufacturer's Association (OMA)
  - National Federation of Independent Business (NFIB)
  - Ohio Chamber of Commerce
- BWC's Self-Insured Division's employer distribution list
- BWC's Employer Services Division's Third Party Administrator (TPA) distribution list

Stakeholder responses received by BWC are summarized on the Stakeholder Feedback Summary Spreadsheet.

## 10. What input was provided by the stakeholders, and how did that input affect the draft regulation being proposed by the Agency?

Please see the Stakeholder Feedback Summary Spreadsheet attached to this BIA. This feedback was used to consider changes in the final draft of the rule.

### 11. What scientific data was used to develop the rule or the measurable outcomes of the rule? How does this data support the regulation being proposed?

BWC's Health Care Quality Assurance Advisory Committee (HCQAAC) was consulted in this matter, as well as several resources cited in the "What You Should Know About Spinal

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Cord Stimulators" appendix to the rule, in addition to the references listed below citing studies on utilization, cost, and outcomes.

According to studies, spinal cord stimulator trials using CPT codes 63650 and 63655 respectively increased from 12,680 in 2009 to 36,280 in 2018 which demonstrates a 186% increase over the designated time period (Manchikanti et al., 2021).

Additional studies demonstrated health care expenditures associated with spinal cord stimulators increased a staggering 291% from 2009 to 2018, equating to a 16.4% increase year over year, resulting in \$292,153,701 spent in 2009 and reaching \$1,142,434,137 in 2018 (Manchikanti et al., 2021).

Placement of pulse generators from 2009 to 2018 grew over 200% where 7,640 spinal cord stimulators were implanted in 2009 and 22,960 were implanted in 2018 (Manchikanti et al., 2021).

According to research in 2017, a population was studied throughout 2007 to 2012 regarding removal of spinal cord stimulators, and roughly 9% of patients underwent removal of the device and noted a high correlation of higher baseline and total costs associated with care as well as a higher number of procedures to aid in pain management among these patients (Han et al., 2017)

This data supports the regulation being proposed because it demonstrates increased utilization trends associated with higher health care expenditures. Furthermore, injured workers may benefit from informed decision-making when electing to proceed with a spinal cord stimulator implant, which may lead to less devices being removed based upon our research across the health care industry.

12. What alternative regulations (or specific provisions within the regulation) did the Agency consider, and why did it determine that these alternatives were not appropriate? If none, why didn't the Agency consider regulatory alternatives?

None. No regulatory alternatives which could be considered have been identified.

# 13. Did the Agency specifically consider a performance-based regulation? Please explain. *Performance-based regulations define the required outcome, but don't dictate the process the regulated stakeholders must use to achieve compliance.*

No.

## 14. What measures did the Agency take to ensure that this regulation does not duplicate an existing Ohio regulation?

This rule is specific to BWC and defines reimbursement for spinal cord stimulators in the Ohio workers' compensation system. Since BWC is the only state agency that administers workers'

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compensation in Ohio, there is no duplication between this rule and other rules in the Ohio Administrative Code.

15. Please describe the Agency's plan for implementation of the regulation, including any measures to ensure that the regulation is applied consistently and predictably for the regulated community. The Bureau will provide notification to employers, injured worker representatives, providers, and MCOs via letters and other written materials, which will be supplied to impacted injured workers and employers.

#### **Adverse Impact to Business**

- 16. Provide a summary of the estimated cost of compliance with the rule. Specifically, please do the following:
  - a. **Identify the scope of the impacted business community:** Employers, MCOs and medical providers participating in and managing workers' compensation claims.
  - b. Identify the nature of all adverse impact (e.g., fees, fines, employer time for compliance,): Initially, there will be some increase in resources devoted to communication, education, and claim review.
  - c. Quantify the expected adverse impact from the regulation. *The adverse impact can be quantified in terms of dollars, hours to comply, or other factors; and may be estimated for the entire regulated population or for a "representative business." Please include the source for your information/estimated impact.* The data reviewed would suggest that clearer guidance on appropriate services for spinal cord stimulator implantation would be expected to decrease costs to the system over the long term.
- 17. Why did the Agency determine that the regulatory intent justifies the adverse impact to the regulated business community? The public purpose of the HPP is to effectively and efficiently address the needs of injured workers arising out of a workplace injury. The proposed new rule will facilitate BWC's effort to develop innovative practices which will create additional informed decision-making among injured workers and physicians while seeking to improve outcomes and minimize health care expenditures with the right care at the right time and setting.

### **Regulatory Flexibility**

## **18.** Does the regulation provide any exemptions or alternative means of compliance for small businesses? Please explain.

No. The rule governs reimbursement for spinal cord stimulators performed by any service provider regardless of size.

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## 19. How will the agency apply Ohio Revised Code section 119.14 (waiver of fines and penalties for paperwork violations and first-time offenders) into implementation of the regulation?

Not applicable.

### 20. What resources are available to assist small businesses with compliance of the regulation?

Bureau rules and policies are available on <u>www.ohio.bwc.gov</u>. Also, BWC personnel and Managed Care Organization staff are available to assist injured workers, providers, and employers in addressing relevant compliance issues.

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www.bwc.ohio.gov 1-800-644-6292

#### Stakeholder Feedback Health Partnership Program Ohio Administrative Code 4123-6-35 Payment for spinal cord stimulator

Line #	Rule #/ Subject Matter	<u>Stakeholder</u>	Draft Rule Suggestions	Stakeholder Rationale	<u>BWC</u> <u>Response</u>	<u>Resolution</u>
1	4123-6- 35/Spinal Cord Stimulator	Paul Scheatzle, D.O.	"The indication and contraindication list looks good."	"A common theme I hear from MCOs is the extremely high cost of the stimulator."	N/A	No change
2	4123-6- 35/Spinal Cord Stimulator	John Brannan, M.D.	"I think the "surgeons" in paragraph 2 should be changed to treating physicians."	This change should occur due to both surgeons and non-surgeons being involved with the care of injured workers utilizing this device.	After review of the suggestion, it is appropriate to change surgeons to treating physicians in paragraph 2 of the proposed rule.	Changed
3	4123-6- 35/Spinal Cord Stimulator	Ron Hawes, M.D.	"I like it very much. It is fair and comprehensive and will help to reduce the unwarranted procedures currently being performed."	"This kind of guidance is what is needed from the BWC."	N/A	No change



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#	<u>Matter</u>				<u>Response</u>	
4	4123-6-	Kalyan Lingham,	"Under Section B, when SCS will not be	"I believe the point trying to be	BWC has	Changed
	35/Spinal Cord	M.D.	covered, point C (failed cervical spine	made is that SCS will not be	recognize	
	Stimulator		surgery) might pose some problems."	approved to TREAT these	how this may	
				conditions. However, in the	create	
				description for section B, it says	consternation	
				"when the following conditions	among	
				or comorbidities are	stakeholders	
				documented." This would imply	and modified	
				that if I have a patient with CRPS	the language	
				of the lower extremity for which I	to provide	
				request a lumbar SCS trial, if they	more clarity.	
				had concurrent cervical		
				radiculopathy, they would not be a		
				candidate. However, this the SCS		
				is being requested for a		
				completely different, unrelated		
				body part. Was this the intent of		
				this criteria? The others listed are		
				appropriate reasons for exclusion		
				of the SCS as they are more		
				systemic issues that would have an		
				direct impact on the success of		
				SCS. This cervical pathology		
				criteria however is very specific to		
				one body part, and would not		
				have the same direct effect on SCS		
				outcome."		



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<u>Matter</u> 4123-6- 35/Spinal Cord Stimulator	Kalyan Lingham, M.D.	"The second document "What BWC wants you to know about Spinal Cord Stimulators" is pretty tilted."	"While patients should be educated about a treatment modality, this document is pretty much doom and gloom. There are a lot of variables at play with these studies, and studies which document poor long term outcomes can be found for any treatment modality (surgery, PT, chiropractic care, medication management, etc). Do we have the actual study references for validation of the quality of the studies, was the sample size appropriate, was the power of the study strong, etcAlso, as with other highly reimbursable procedures, many patients had these done without proper indications, resulting in high failure rates. Perhaps this contributed to outcomes of certain studies. I am not disagreeing with some of the information, but it just seems the	Response BWC feels the current references provide objectivity and does not warrant any changes.	No change
4	<u>Matter</u> 4123-6- 35/Spinal Cord	Matter 4123-6- 85/Spinal Cord M.D.	MatterMatter4123-6-Kalyan Lingham,"The second document "What BWC35/Spinal CordM.D.wants you to know about Spinal Cord	Matter1123-6- 35/Spinal CordKalyan Lingham, M.D."The second document "What BWC wants you to know about Spinal Cord Stimulators" is pretty tilted.""While patients should be educated about a treatment modality, this document is pretty much doom and gloom. There are a lot of variables at play with these studies, and studies which document poor long term outcomes can be found for any treatment modality (surgery, PT, chiropractic care, medication management, etc). Do we have the actual study references for validation of the quality of the studies, was the sample size appropriate, was the power of the study strong, etcAlso, as with other highly reimbursable procedures, many patients had these done without proper indications, resulting in high failure rates. Perhaps this contributed to outcomes of certain studies. I am not disagreeing with some of the	MatterImage: constraint of the second document "What BWC wants you to know about Spinal Cord Stimulators" is pretty tilted.""While patients should be educated about a treatment modality, this document is pretty much doom and gloom. There are a lot of variables at play with these studies, and studies which document poor long term outcomes can be found for any treatment modality (surgery, PT, chiropractic care, medication management, etc). Do we have the actual study references for validation of the quality of the studies, was the power of the study strong, etcAlso, as with other highly reimbursable procedures, many patients had these done without proper indications, resulting in high failure rates. Perhaps this contributed to outcomes of the studies. I am not disagreeing with some of the



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				skewed numbers. With		
				technological improvements in		
				programming capabilities (as I said		
				in my email to Dave Kukielka at		
				ODG), we are able to adapt to		
				changing pain complaints over		
				time, enabling maintenance of		
				pain control over the long term,		
				something that has not been able		
				to be done as well in the		
				past. Again, I think it's a very good		
				idea to make the patient aware of		
				outcomes of a treatment modality,		
				but if I were a patient reading this		
				document, I would never want one		
				done. Also as a physician		
				performing the SCS trial and		
				subsequent implant, after the		
				patient reads this document, I		
				would likely have to really		
				convince the patient to go through		
				with the trial. But, also, if they		
				happen to fail, there would be		
				significant damage to the		
				physician-patient relationship,		



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				with feelings that the patient was		
				forced into the procedure,		
				knowing the outcome		
				beforehand."		
6	4422.6	Kabuan Lingham			DIALC	Nashanaa
6	4123-6-	Kalyan Lingham, M.D.	"One final thing to note about long term	N/A	BWC	No change
	35/Spinal Cord Stimulator	IVI.D.	failures of SCS. Pain as you know is very subjective. If a patient has a pain level of		recognizes	
	Stimulator		8/10, and they undergo a treatment		Dr. Lingham's	
			which provides them relief, to say 4/10,		comments	
			they are happy at first. Over time, as		regarding	
			with anything new, the "excitement"		long term	
			wears off. Eventually, a new baseline is		failures and	
			established, where in this case, the 4/10		pain,	
			is now the new "8/10". Many patients		however, this	
			are not aware of this. Some do, but many		does not	
			don't. I've heard this so many times, with		cause BWC to	
			stimulators. They say their stimulator		make any	
			doesn't help anymore, but I ask if they have ever turned it off to see if it is truly		additional	
			not helping, and they say "no." Once		changes to	
			they do, they realize how much it is in		U U	
			fact helping them. Without digger		the proposed	
			deeper like this, the SCS is reported to be		rule based	
			a "failure" long term."		upon the	
					feedback.	